How to Access Strive Rehabilitation

Your referral pathway after leaving hospital

strive rehabilitation MANAWATŪ

1 You've been discharged from hospital

Your hospital team identifies that you may benefit from community rehabilitation.

A referral is sent to the appropriate funder.

2 What is your condition?

The type of condition and your age determine which organisation will fund your rehabilitation.

Stroke (under 65)	Funded by **Manawhaikaha**	**Referral is assessed** The Connector will be in touch.	
Other neurological conditions (or age 65+)	Funded by **Supportlinks**	**Referral is assessed** Supportlinks will be in touch.	
Traumatic brain injury	Funded by **ACC**	**Referral is assessed** ACC will be in touch.	

3 Welcome to Strive Rehabilitation!

Once your funding is approved, Strive will contact you to arrange:

- Assessment
- Goal setting
- Your individual rehabilitation plan
- Ongoing support

GOOD TO KNOW

- Strive Rehabilitation is a referral-only service.
- Funding approval is required before rehabilitation begins.
- Earlier referrals lead to smoother access after hospital discharge.
- You can also choose to self-fund your rehabilitation.

Who do I contact?

Contact the organisation below that relates to your condition.

Stroke (under 65)

Funded by Manawhaikaha

Contact: The Connector
Phone: 0800 626 255
Email: admin@manawhaikaha.co.nz

Urgent contact: 027 236 6145

Strive can currently take Ministry of Health (MoH) clients under Personal Budget (individualised funding). The Connector will be familiar with this process.

Other neurological conditions (or age 65+)

Funded by Supportlinks

Contact: Supportlinks
Address: 1st Floor, BAT Building, Community Village, Palmerston North Hospital, 50 Ruahine Street, Palmerston North
Phone: 0800 221 411
Email: supportlinks@supportlinks.org.nz

The DHB have a number of funding options and will advise which funding stream will best suit the patient.

Traumatic brain injury

Funded by ACC

Address: 54/7551 Main Street, Palmerston North
Phone: 0800 222 822

ACC have a contract called Living My Life Services (LMLS) for those wanting to attend a day programme. Training is also available for those wanting one-to-one health professional input.

Patients may already be assigned a Service Coordinator. If this is the case, they will be your first point of contact.

Things to know

- Access to services once discharged is largely dependent on the mechanism of injury/illness.
- Services are available across the continuum of severity.
- ACC clients are grouped into three categories: Assisted Recovery, Supported Recovery or Partnered Recovery.
- For complex needs, supports may be coordinated at a local level between ACC, Supportlinks and the DHB.

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